**EVERSFIELD HOUSE LUNCH MENU**

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| **WEEK 2** | **BREAKFAST** | **1st CHOICE** | **2nd CHOICE** | **VEGETARIAN OPTION** |
| **SUNDAY** | **CHOICE OF CEREAL** **PRUNES****GRAPEFRUIT** **TEA & TOAST** | **ROAST BEEF&YORKSHIRE PUDDING ROAST OR BOILED POTATOES****STRAWBERRY GATEAU AND FRESH CREAM** | **CHICKEN****CASSEROLE** | **NUT LOAF** |
| **MONDAY** | **CHOICE OF CEREAL****PRUNES****GRAPEFRUIT****TEA & TAOST** | **GRILLED PORK STEAKS WITH MASH POTATO****CABBAGE****RICE PUDDING** | **SAVOURY MINCE** | **CHEESE & POTATO PIE** |
| **TUESDAY** | **CHOICE OF CERERAL****PRUNES****GRAPEFRUIT****TEA & TOAST** | **LIVER & BACON****MASHED POTATO****CARROTS****FRESH FRUIT SALAD WITH CREAM** | **CHICKEN PIE** | **SPANISH OMELETTE** |
| **WEDNESDAY** | **CHOICE OF CEREAL** **PRUNES****GRAPEFRUIT****TEA & TOAST** | **SHEPHERDS PIE****CARROTS/PEAS****BREAD & BUTTER PUDDING** | **SAUSAGES & MASH** | **VEGETARIAN SAUSAGES& MASH** |
| **THURSDAY** | **CHOICE OF CEREAL****PRUNES****GRAPEFRUIT****TEA & TOAST** | **ROAST CHICKEN****WITH ROAST POTATOES SAGE ONION CAULIFLOWER****JELLY & ICE CREAM** | **BEEF HOTPOT** | **CAULIFLOWER CHEESE** |
| **FRIDAY** | **CHOICE OF CEREAL****PRUNES****GRAPEFRUIT****TEA & TOAST** | **FISH & CHIPS****PEAS****APPLE CRUMBLE & CUSTARD** | **FISH CAKES****STEAMED FISH****CHEESE OMELETTE** | **VEGETABLE LASAGNE** |
| **SATURDAY** | **COOKED BREAKFAST****CHOICE OF CEREALS****PRUNES****GRAPEFRUIT****TEA &TOAST** | **CHICKEN IN WHITE WINE SAUCE****BOILEDPOTATOES****VEGETABLES OF THE DAY****SEMOLINA PUDDING** | **LAMB STEW**  | **PASTA WITH TOMATO SAUCE & ROASTED VEGETABLES** |

**A SELECTION OF SALADS OR OMELETTES ARE ALSO AVAILABLE. FRESH FRUITS AND YOGHURTS ARE ALWAYS AVAILABLE. DIABETIC, VEGETARIAN AND GLUTEN FREE DIETS ARE CATERED FOR AS WELL**